

Bedroom Cleaning Checklist

Daily	M	T	W	T	F	S	S
Make the bed and arrange blankets and pillows							
Put dirty clothes in laundry basket							
Put clean clothes away							
Quickly tidy up nightstands and dressers							
Throw out rubbish							

Weekly Bedroom Cleaning

- Tidy up and put things away
- Vacuum or sweep the floor
- Change bed linens
- Wash dirty laundry
- Dust and wipe down surfaces
- Clean mirrors and windows
- Wash kitchen towels and cloth
- Empty your rubbish bin
- Spot clean any spots on the carpet

Quarterly Bedroom Cleaning

- Wash comforters, mattress protector, blankets and pillows
- Flip or rotate the mattress and vacuum
- Detail cleaning of wall art and photos
- Clean any air vents or air filters
- Dust and wipe or wash any window coverings or curtains

Monthly Bedroom Cleaning

- Wipe light switches and door handles
- Mop hard floors
- Clean under the bed
- Dust ceiling fans, skirting boards and doors
- Vacuum any furniture
- Tidy up and organise drawers and closet or wardrobe
- Wash any comforters, mattress pad and blankets

Notes